



QUALITRAIN SERVICES LTD.

TRAINING PROGRAMMES

Display Screen Equipment Training Course for Agile Workers

Course Objective: This Display Screen Equipment Training course (DSE) will give participants the opportunity to encounter common health and wellbeing risks and learn to make appropriate decisions about how and where to work. Users are taken on an interactive, personalized journey through a range of situations typically faced by agile workers.

Course Outline

Course Content
Introduction
Suitable working postures
Your working environment
Typical agile working risks
Getting ready to work
Different working environments;
Working at home; Home tasks; Home workstation
Working on the go; Travelling; Remote working
Working in an office
Hot-desking
Office tasks
DSE workstation set-up

Target Audience: All employees

Cost: TT\$ 250.00

Training Method: e-Learning Online

Duration: Self-Paced

Accreditations: Our Display Screen Equipment Training Course for Homeworkers is CPD (Continuing Professional Development) accredited. Be proactive about maintaining a safe working environment.

REGISTER TODAY!

 184 Southern Main Road, Dow Village, South Oropouche, Trinidad W.I.

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