

## TRAINING PROGRAMMES

## Office Health and Safety Training Course

Course Objective: Our Office Health and Safety Training course covers key areas where legislation is in place to control risk and reduce work-related ill health. Employees will come away with an understanding of potential risks in working with computers; what is expected of them in relation to risk management and how they can take responsibility for their own health and safety at work.

## **Course Outline**

Course Content
Introduction
Musculoskeletal disorders
Working with computers
Slips, trips and falls
Electrical safety
Fire safety
Manual handling and COSHH
Welfare
Particular requirements
Take The Test

Target Audience: All employees **Cost:** TT\$ 250.00

Training Method: e-Learning Online **Duration:** Self-Paced.

**Accreditations:** Our Office Health and Safety Training for Managers is CPD (Continuing Professional Development) accredited. Make a commitment to your professional development to keep your skills and knowledge fresh and up to date.

## REGISTER TODAY!



